

Beginner Rank Criteria

Crew I//Crew II

SKILLS

- ★ Wear proper sailing attire
Student comes to sailing lessons wearing comfortable clothing in layers that can be taken off or put on depending on the weather and has extra clothing. Student comes prepared with life jacket, sunscreen, hat, and sunglasses (that will not fall off).
- ★ Parts of the hull
Student knows the name of each part and understands its function.
- ★ Parts of the sail
Student knows the name of each part, how to attach each part to the boat//and the function of each part.
- ★ Parts of the rigging
Student knows the name of each part and understands its function
- ★ Rig/de-rig boat
Student can rig and de-rig boat//without help or error.
- ★ Tack
Student understands what a tack is, how to execute a tack properly and safely, and demonstrates tacking on the water.
- ★ Gybe
Student understands what a gybe is, how to execute a gybe properly and safely, and demonstrates gybing on the water.
- ★ Crew
Student is competent// and comfortable as crew.
- ★ Safety position
Student demonstrates the safety position on whistle signals// and understands when and why it is needed.
- ★ Right of way rules
Student understands the six fundamental right of way rules
- ★ Wind direction
Student is able to find the direction the wind is coming from// using multiple different methods.
- ★ Capsize recovery
Student is able to recover from capsizing// using the scoop recovery method.
- ★ Proper sail trim
---//Student understands and demonstrates the basics of sail trim (let the sail out until it luffs and pull it in until it just stops).
- ★ Skipper
Student is competent//and comfortable as skipper.
- ★ Mark rounding
Student can successfully round marks in the correct sequence//without getting stuck on the mark's anchor line. If boat does become stuck, student can get his/her boat free//without help.
- ★ Switching tiller behind back
---//Student consistently switches tiller behind his/her back

- ★ Points of sail
---//Student understands the three basic points of sail both drawn and on the water.//Student understands all 3 points of sail drawn and on the water.
- ★ Docking
---//Student is able to use the glide zone to reduce speed before docking//and consistently docks facing into the wind without collisions.
- ★ Windy weather sailing
---//Student understands and demonstrates the ability to sail in moderate winds without capsizing//and in heavy winds.
- ★ Tiller extension use
---//---//Student is able to use a tiller extension in a JY comfortably.

KNOTS

*Students attaining the rank of crew II will be much more comfortable with the first four knots than those attaining crew I.

- ★ 8-knot*
- ★ ½ hitch*
- ★ Cleat knot*
- ★ Square knot*
- ★ Clove hitch
- ★ Bowline
- ★ 2 ½ hitches

BEHAVIOR

Students attaining the rank of crew II will demonstrate most of the following, and crew I will demonstrate some of the following.

- ★ Avoids collisions with other boats by looking ahead and avoiding packs of boats or pushing the tiller towards trouble.
- ★ Helps others rig/de-rig.
- ★ Avoids capsizing.
- ★ Explains concepts to other students.
- ★ Does not complain.
- ★ Picks up trash and gear.
- ★ Helps others with afternoon chores.
- ★ Demonstrates good general sportsmanship.